

# East Anglia

## REGIONAL GROUP MEETING

Holiday Inn, Norwich  
Tuesday, 17 November, 2009  
5:00pm to 7:00pm

Dear member,

We would like to invite you to the next East Anglia group meeting on Tuesday, 17 November, 2009 at the Holiday Inn, Ipswich Road, Norwich, NR4 6EP. Tel: 01603 508217. Please visit [www.apil.org.uk/members](http://www.apil.org.uk/members) for directions/map.

Teas, Coffees and a buffet will be served, there is a small charge for attendance for this meeting £15.00 + VAT (£17.25). If you wish to attend, please complete the slip below and return it to the APIL office.

This meeting has been accredited with 1CPD hour, reference 2027/APIL. If you have not yet been to an APIL regional group meeting, please try to attend as they are an invaluable source of information and an excellent chance to network.

Members wishing to bring along a guest may do so at the cost of £30.00 + VAT (£34.50) per guest. Each guest must be sympathetic to the aims of the association and considering taking up membership themselves. If numbers are limited, members will take precedence.

We look forward to seeing you there!

Hannah Rutterford  
Co-ordinator

Mick Upton  
Secretary

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### East Anglia REG meeting – Tuesday, 17 November, 2009 – 5:00pm to 7:00pm

Please reserve a place at the above meeting for:

I enclose £17.25 as a member/£34.50 as a non member to attend the above meeting:

Name:..... Membership number:.....

Firm/Chambers:.....

Please return to Neil O'Mahoney at APIL, 11 Castle Quay, Nottingham, NG7 1FW. DX 716208 Nottingham 42  
Tel: 0115 958 0585 Fax: 0115 958 0885 or E-mail: [neil.omahoney@apil.org.uk](mailto:neil.omahoney@apil.org.uk)

Speaker:

**Richard Nieveen**

(Prosthetist, Proactive Prosthetics)

Presenting on:

**“Prosthetics and rehabilitation following amputation”**

Speaker:

**Brian Marien**

(Medical Director, CBT Associates)

Presenting on:

- **Risk factors for developing complex chronic pain conditions.**
- **Occupational Stress - understanding risk factors for developing stress, anxiety and depression.**
- **Cognitive Behavioural Therapy (CBT) - an evidence based treatment.**

***Followed by an update on the activities of APIL's executive committee***