

Lawyer resilience, empowerment and intentionality

Wednesday, 24 November 2021

13:00 - 14:00

The key professions of law, psychology and medicine all require a high level of communication, logical thinking and behavioural 'bias for action'.

Professor Koch discusses the key practical skills required by a lawyer and how to 'intentionally' put these into practice.

It covers social/communication, rational thinking and behavioural organisation in highly practical ways.

The session will cover:

- What is 'psychological expertise'?
- Key demands on being a lawyer
- Defining 'inner strength' and cognitive empowerment
- Effective communication, intentionality and lawyer microskills
- Practical coping skills (paper, time, space and 'bias for action')
- Compassion and calmness
- Uncertainty and how a lawyer manages this: How to bounce back
- Creativity and inspiration
- The mind-set of the resilient lawyer
- Outcome: empowerment and intentionality

Technical requirements

You will need access to the internet on your PC, plus audio speakers. If you do not have access to speakers you will be able to receive audio via a phone line. Further information on how to log on to the webinar will be sent via email a week before the event.



Speaker - Professor Hugh Koch

Professor Hugh Koch is a clinical psychologist and visiting Professor in Law and Psychology at Birmingham City University. He runs a large and unique medico-legal firm in Cheltenham which offers psychological reporting in 105 towns and cities throughout the UK via its 50 experts.

He is an expert on Personal and Organisational Resilience and has lectured on this and related topics around the world.

For more information see:

www.cv.hughkoch.com

www.hughkochassociates.co.uk

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Rate	Cost	Please tick
Single person	£65 + VAT	
Small office (2 to 6 delegates)	£105 + VAT	
Whole office (7 or more delegates)	£160 + VAT	
Whole organisation (All staff at all offices)	£320 + VAT	

****CPD points will be awarded ONLY to the number of delegates registered above****

FE2021

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